




# MIDDLE SCHOOL BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Breakfast Bonanza  <i>Serving your favorite breakfast item!</i>	<b>2</b> Twin Bars <b>OR</b> Cereal w/ Honey Graham Crackers	<b>3</b> Mini Waffle Madness <b>OR</b> Cereal w/ String Cheese
<b>6</b> 	<b>7</b> Pancake on a Stick w/syrup <b>OR</b> Cereal w/ Honey Graham Crackers	<b>8</b> Honey Wheat Bar <b>OR</b> Cereal w/ String Cheese	<b>9</b> Pan Dulce <b>OR</b> Cereal w/ Honey Graham Crackers	<b>10</b> Mini Strawberry Bagel w/Cream Cheese <b>OR</b> Cereal w/ String Cheese
<b>13</b> Cinnamon Glazed Pancake <b>OR</b> Cereal w/ String Cheese	<b>14</b> Breakfast Bun <b>OR</b> Cereal w/ Honey Graham Crackers	<b>15</b> Breakfast Bonanza  <i>Serving your favorite breakfast item!</i>	<b>16</b> Bagel Pizza <b>OR</b> Cereal w/ Honey Graham Crackers	<b>17</b> Mini Cinnis <b>OR</b> Cereal w/ String Cheese
<b>20</b> Mini Breakfast Cluster <b>OR</b> Cereal w/ String Cheese	<b>21</b> Pancake on a Stick w/syrup <b>OR</b> Cereal w/ Honey Graham Crackers	<b>22</b> Mini French Toast <b>OR</b> Cereal w/ String Cheese	<b>23</b> Bakery Fresh Muffin <b>OR</b> Cereal w/ Honey Graham Crackers	<b>24</b> Pan Dulce <b>OR</b> Cereal w/ String Cheese
<b>27</b> Goody Bar <b>OR</b> Cereal w/ String Cheese	<b>28</b> Cinnamon Bun <b>OR</b> Cereal w/ Honey Graham Crackers	<b>29</b> Breakfast Burrito <b>OR</b> Cereal w/ String Cheese	<b>30</b> Twin Bars <b>OR</b> Cereal w/ Honey Graham Crackers	






*\*This institution is an equal opportunity provider\**

*\*Menu subject to change\**

**\*Breakfast includes fresh fruit 100% fruit juice and a variety of milk.**

**\*Lunch includes a choice of a side salad, baby carrots, fresh canned and/or dried fruit & a variety of milk**




# MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Deli Sandwich w/Chips and Applesauce Cup <b>OR</b> Yogurt Parfait	<b>2</b> Teriyaki Beef Dippers w/ Fluffy Rice and Broccoli <b>OR</b> Pizza Hut Pizza w/ Carrots <b>OR</b> Yogurt Parfait	<b>3</b> Domino's Cheese or Pepperoni Pizza w/ Frozen Peach Cup <b>OR</b> Cheeseburger w/ Seasoned Fries
<b>6</b> 	<b>7</b> Taco w/ Corn <b>OR</b> Pizza Hut Pizza w/ Carrots <b>OR</b> Yogurt Parfait	<b>8</b> Cheeseburger w/ Seasoned Fries <b>OR</b> Deli Sandwich w/chips and Baby Carrots <b>OR</b> Yogurt Parfait w/ Goldfish Crackers	<b>9</b> Grilled Cheese Sandwich w/ Chips and Baby Carrots <b>OR</b> Pizza Hut Pizza w/ Carrots <b>OR</b> Yogurt Parfait	<b>10</b> Domino's Cheese or Pepperoni Pizza w/ Watermelon Wedge <b>OR</b> Cheeseburger w/ Seasoned Fries
<b>13</b> Turkey and Gravy w/ Mashed Potatoes and Dinner Roll & a Cookie <b>OR</b> Spicy Chicken Patty w/ Seasoned Fries <b>OR</b> Deli Sandwich w/chips	<b>14</b> Hot Dog on a Bun w/ Baked Beans <b>OR</b> Pizza Hut Pizza w/ Carrots <b>OR</b> Yogurt Parfait w/ Goldfish Crackers	<b>15</b> Chicken Stick w/ Seasoned Fries & a Cookie <b>OR</b> Yogurt Parfait w/ a Cookie Crackers <b>OR</b> Deli Sandwich w/ Seasoned Fries & a Cookie	<b>16</b> Chili w/ Beans and Tosito's Scoops and Applesauce <b>OR</b> Pizza Hut Pizza w/ Carrots <b>OR</b> Yogurt Parfait w/ Carrots	<b>17</b> Domino's Cheese or Pepperoni Pizza Frozen Berry Cup <b>OR</b> Cheeseburger w/ Seasoned Fries
<b>20</b> Chicken Tenders w/ Tater tots & a Cookie <b>OR</b> Cheeseburger w/ Tater tots <b>OR</b> Deli Sandwich w/ Baby Carrots	<b>21</b> Tamale w/ Refried Beans <b>OR</b> Pizza Hut Pizza <b>OR</b> Yogurt Parfait	<b>22</b> Brunch for Lunch- French Toast Stix and Sausage and Apple Juice <b>OR</b> Cheeseburger w/ Seasoned Fries <b>OR</b> Deli Sandwich w/chips	<b>23</b> Orange Chicken w/Fluffy Rice and Broccoli <b>OR</b> Pizza Hut Pizza <b>OR</b> Yogurt Parfait	<b>24</b> Domino's Cheese or Pepperoni Pizza w/ Watermelon Wedge  <b>OR</b> Cheeseburger On a Bun w/ Seasoned Fries
<b>27</b> Cheeseburger Sliders w/Oven Baked Fries <b>OR</b> Deli Sandwich w/ Chips and Baby Carrots <b>OR</b> Spicy Chicken Patty w/ Oven Baked Fries	<b>28</b> Chicken Tenders w/ Corn and Chocolate Chip Cookie <b>OR</b> Pizza <b>OR</b> Yogurt Parfait	<b>29</b> Chicken Drumstick w/Mashed Potatoes and a Dinner Roll <b>OR</b> Pillow Sandwich w/Baby Carrots, String Cheese and Goldfish Crackers	<b>30</b> Cheese Quesadilla w/Refried Beans and a Churro <b>OR</b> Pizza <b>OR</b> Yogurt Parfait	

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**\*Lunch includes a choice of a side salad, baby carrots, fresh canned and/or dried fruit**

# MIDDLE SCHOOL SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Honey Roasted Sunflower Kernels Apple Juice	<b>2</b> Goldfish Giant Cinnamon Cracker <b>OR</b> Chocolate Milk	<b>3</b> Nacho Cheese Doritos 1% Milk
<b>6</b> 	<b>7</b> Vanilla Bear Grahams Very Berry Juice	<b>8</b> President Cookies Chocolate Milk	<b>9</b> Apple Jack Cereal 1% Milk	<b>10</b> Wheat Crackers String Cheese
<b>13</b> Goldfish Crackers Chocolate Milk	<b>14</b> Scooby Doo Graham Stix Apple Juice	<b>15</b> Goldfish Pretzels Chocolate Milk	<b>16</b> State and Capital Cracker 1% Milk	<b>17</b> Cheetos Puffs Apple Juice
<b>20</b> Honey Grahams Chocolate Milk	<b>21</b> Dick & Jane Cookies Very Berry Juice	<b>22</b> Cheez-It Crackers Chocolate Milk	<b>23</b> Chocolate Bear Grahams Very Berry Juice	<b>24</b> Cocoa Puff Cereal 1% Milk
<b>27</b> Honey Belly Bears Chocolate Milk	<b>28</b> Cheddar Goldfish Apple Juice	<b>29</b> Maple Waffle Grahams Chocolate Milk	<b>30</b> Multigrain Sun chips 1% Milk	

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*Seamless Summer*

Last all year

Must grab one  
fruit and one  
vegetable

All students  
qualify

One free break-  
fast and lunch

